

अमिताभा फाउण्डेशन

दर्ता नं. २०७/०६१/६२
स.क.प. नं. १६९२६/२०६१

श्रद्धेय गुरु आयाङ रिन्पोछे लामा
संस्थापक अध्यक्ष



Amitabha Foundation

Govt. Regd. No. 207/061/62
SWC No. 16926/2061

H.E. Ayang Rinpoche Lama
Founder/Chairman

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PHOWA COURSE

16th-22nd March 2023

To all the devotees, monks, nuns, ordained and lay persons,

Phowa is defined as the practice of transferring one's own consciousness to Amitabha Buddha's Pure Land during the time of death. It is said to be the quickest way to attain enlightenment.

His Holiness The Dalai Lama emanation of Avalokiteshvara, H.H. The 16th Karmapa, activity emanation of Buddhas of past, present and future, H.H. Kyabje Dudjom Jigdrel Yeshe Dorje Rinpoche emanation of Ogyan Maha Guru and many other great masters have all recognized His Eminence Ayang Rinpoche's delivery of the Phowa teachings, and have said that these teachings will benefit many beings to attain enlightenment and serve the Buddha's Dharma.

His Eminence Ayang Rinpoche had been giving Phowa teachings all around the world. However, due to the 2015 Earthquake in Nepal and the COVID-19 Pandemic, it has not been possible to organize any teachings up until now.

For a long time, many local devotees from Himalayan region of Nepal have been requesting Rinpoche to give Phowa teachings. Therefore, Rinpoche has decided to give the Phowa Course on this March at,

**Amitabha Foundation (Drikung Kagyu Monastery) Kapan, Buddanilkantha Municipality
Ward No. -11, Kathmandu, Nepal.**

Rinpoche will be giving Phowa teachings from both the Nyingma and Drikung Kagyu lineages.

To book accommodation please contact Lobsang Gyaltzen on 9851109007 or via email: or Sonam Ngodup on 9841341143 and Rigzin Sherpa on 9824074360.

